

There is no scientific evidence to support a protective effect of low to moderate alcohol consumption on cardiovascular or heart health.



Europe has the **highest levels** of alcohol consumption per capita globally



In the EU alone, approximately **290,000 deaths** are attributable to alcohol-related causes



At least **50,000** of these are cardiovascular disease (CVD) deaths linked to alcohol consumption



EHN recommendations to EU Policymakers:

- ➔ Mandatory front-of-pack energy labelling
- ➔ Mandatory ingredients list
- ➔ Reduce the availability of alcohol
- ➔ Mandatory health warnings
- ➔ Raise minimum excise duties on alcoholic beverages
- ➔ End subsidies that promote alcohol production or consumption