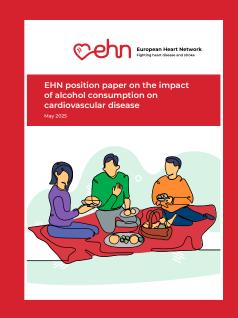
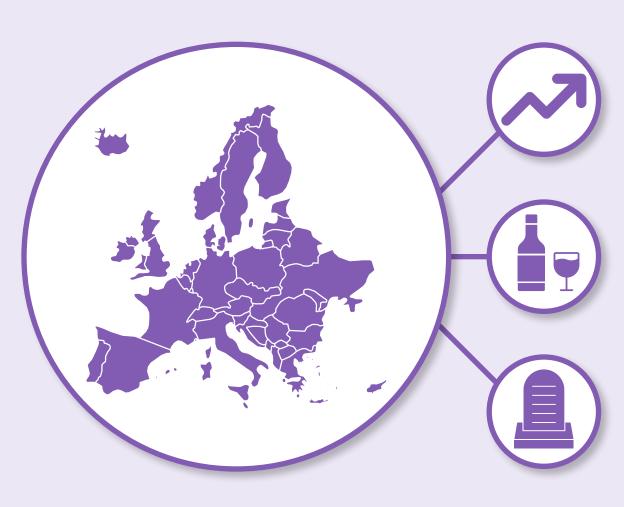
There is no scientific evidence to support a protective effect of low to moderate alcohol consumption on cardiovascular or heart health.







Europe has the **highest levels** of alcohol consumption per capita globally

In the EU alone, approximately **290,000 deaths** are attributable to alcoholrelated causes

At least **50,000** of these are cardiovascular disease (CVD) deaths linked to alcohol consumption



EHN recommendations to EU Policymakers:

- Mandatory front-of-pack energy labelling
- Mandatory ingredients list
- Reduce the availability of alcohol
- Mandatory health warnings
- Raise minimum excise duties on alcoholic beverages
- End subsidies that promote alcohol production or consumption