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Review of the EU school fruit, vegetable and milk scheme

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Introduction

About this consultation

This consultation aims to gather views from stakeholders and members of the public on how they think the EU school fruit, vegetable and milk scheme ("EU school scheme") is working, and on possible options for its review.

Why we are consulting

The EU school scheme, applicable since 2017, supports the distribution of fruit, vegetables, milk and milk products to schoolchildren, from nursery school up to secondary school. It also includes educational activities to increase consumption of these products and to help instil healthy eating habits.

While the scheme already addresses the common agricultural policy (CAP) objective to improve the EU agriculture sector's response to societal demands on food and health, there is scope for enhancing its contribution to sustainable food production and consumption in line with the objectives of the new <u>CAP</u> 2023-2027.

The Commission has launched a review of the EU school scheme as part of the <u>Farm to Fork Strategy</u> with the goal of creating a favourable food environment that makes it easier to choose a healthy and sustainable diet.

The review will contribute to Europe's Europe's <u>Beating Cancer plan</u> to improve health promotion through access to healthy diets and to the <u>Action plan for the development of organic production</u>.

It will also take into account the Council recommendation establishing the European Child Guarantee.

The review will draw lessons from the ongoing evaluation which aims to assess to what extent the EU school scheme has been effective and efficient in achieving its objectives, coherent with other EU and national agricultural, health, education and environmental policies, relevant in the light of evolving consumption patterns and trends, as well as its EU added value. It also seeks to simplify and reduce the administrative burden.

This consultation will inform the review of the EU school scheme.

It takes into consideration the feedback to the combined <u>evaluation roadmap/inception impact assessment</u> that took place between 29 June and 27 July 2021.

Target groups

Everyone is welcome to contribute, notably:

- schoolchildren and their parents or guardians;
- educational establishments (from early childhood education and care to secondary-level education) and their associations;
- businesses and their associations active at all stages of the food supply chain, notably small and medium enterprises (SMEs);
- non-governmental organisations active in the agriculture, food, health, nutrition, consumer protection, environment, education, and children's rights sectors;
- public authorities in charge of agriculture, food, health, nutrition, consumer protection, environment, education, and children's rights;
- research institutes, universities and academia.

This consultation includes general questions for all respondents and additional questions for specific target groups, notably:

- schoolchildren and/or their parents/guardians;
- educational establishments and their associations, as well as organisations active in education on food, nutrition and health;
- businesses and their associations active in the agriculture and food sector;
- public authorities.

How can you contribute?

The questionnaire is accessible in all official EU languages. You can pause at any time, saving your draft, and continue later. Once you have submitted your answers, you will be able to download a copy of your completed questionnaire.

Please note that this consultation does not intend to obtain data relating to identifiable persons. Therefore, if you describe in your replies a particular experience or situation, please do it in a way that will not allow it to be linked to a particular individual, either yourself or somebody else.

By submitting/sending your contribution you agree to its publication on <u>Europa 'Have you say' portal</u>. It is therefore important that you read the contribution publication privacy settings attached to this consultation for information on how your personal data and contribution will be dealt with.

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0	EU citizen
0	Environmental organisation
0	Non-EU citizen
N	Non-governmental organisation (NGO)
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Micro (1 to 9 en	nployees)		
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*Country of origin			
Please add your country of o	origin, or that of your organis	sation. Libya	Saint Martin
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	Congo		Kazakhstan		Portugal		Uzbekistan
	Cook Islands		Kenya		Puerto Rico		Vanuatu
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	Curaçao	Laos	Rwanda	Western Sahara
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	Republic of the		Nevis	
	Congo			
	Denmark	Liberia	Saint Lucia	

The Commission will publish all contributions to this public consultation. You can choose whether you would prefer to have your details published or to remain anonymous when your contribution is published. Fo r the purpose of transparency, the type of respondent (for example, 'business association, 'consumer association', 'EU citizen') country of origin, organisation name and size, and its transparency register number, are always published. Your e-mail address will never be published. Opt in to select the privacy option that best suits you. Privacy options default based on the type of respondent selected

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The Commission will publish the responses to this public consultation. You can choose whether you would like your details to be made public or to remain anonymous.

Anonymous

Only organisation details are published: The type of respondent that you responded to this consultation as, the name of the organisation on whose behalf you reply as well as its transparency number, its size, its country of origin and your contribution will be published as received. Your name will not be published. Please do not include any personal data in the contribution itself if you want to remain anonymous.

Public

Organisation details and respondent details are published: The type of respondent that you responded to this consultation as, the name of the organisation on whose behalf you reply as well as its transparency number, its size, its country of origin and your contribution will be published. Your name will also be published.

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Your profile

- * If you are replying on behalf of an organisation, what type of organisation is it?
 - School (nursery-preschool-primary-secondary)
 - Business or business organisation/association in the agricultural and food sector
 - Health and/or nutrition NGO
 - Environmental NGO
 - Animal welfare NGO
 - Other (specify)

If you are replying on behalf of an NGO, what is its area of interest?

- NGO in the public interest
- NGO in business interest

Awareness and knowledge of the EU school scheme

Have you ever heard of the EU school fruit, vegetable and milk scheme?

- Yes, and I know the details
- Yes, but I don't know the details
- No, I have never heard of it

Questions related to the evaluation of the scheme

In your opinion, how well has the current EU school scheme responded to the following aims:

	Fully	To a large extent	To some extent	Not at all	l don't know
Increased children's consumption of fruit and vegetables	0	0	•	0	0
Increased children's consumption of milk and dairy products	0	0	•	0	0
Increased children's knowledge of a healthy diet	0	0	0	0	•
Contributed to lowering children's consumption of unhealthy food products (high in fat, saturated fat, salt and sugars)	0	0	0	0	•
Contributed to the consumption of organic products	0	0	0	0	•
Guaranteed that tax payers' money is put to good use	0	•	0	0	0

In your opinion, how important are the following objectives for the EU school scheme?

	Very important	Fairly important	Not very important	Not at all important	l don't know
Contributing to a healthy diet for children	•	0	0	0	0
Encouraging school children's consumption of fruit and vegetables	•	0	0	0	0
Encouraging school children's consumption of milk and milk products	©	•	0	0	0
Helping to promote sustainable food production and consumption	0	•	0	0	0
Encouraging school children's consumption of organic products	0	0	•	0	0

In your opinion, should the EU school scheme pursue any other objectives?							

In your opinion, is there any advantage of having a school scheme at EU level over having it at national/regional/local level?

- Strongly agree
- Agree
- Disagree
- Strongly disagree
- I don't know

Questions related to the review of the scheme

In your view, how important are the following factors for children's eating habits?

	Very important	Fairly important	Not very important	Not at all important	Don' t know
Eating habits at home	•	0	0	0	0
School canteens/ Procurement of school food/ vending machine offer	0	•	0	0	0
Advertising/sponsoring	•	0	0	0	0
Social media	•	0	0	0	0

School and public educational programmes	0	•	0	0	0
Children's knowledge of food origin	0	0	•	0	0
Children's knowledge of healthy diets	•	0	0	0	0
Parents' knowledge of healthy diets	•	0	0	0	0
Children's involvement in cooking	0	•	0	0	0
Teachers, friends & relatives' eating habits	•	0	0	0	0
Other (specify):	0	0	0	0	0

Currently, the EU school scheme finances the distribution of fruit, vegetables, milk and certain milk products to schoolchildren, from nursery to secondary school, generally outside school meals. In your opinion, considering children's need for a healthy diet, which of the following products should be distributed through the EU school scheme? (*multiple answers possible*)

- Fresh fruit and vegetables
- Processed fruits and vegetables such as fruit juices, vegetable soups
- Plain milk
- Plain yoghurt, curd and other fermented or acidified milk products (excluding cheese)
- Cheese
- Plant-based drinks made from oats, almonds or soya, for example
- Nuts
- Whole grains/cereals (whole bread, muesli, whole cereal bars ...)
- Other (specify)
- I don't know

Comments:

- The school scheme should assure that nutrition guidelines for all food products are respected. Comments to the list provided above;
- The scheme should contribute to increasing consumption of fresh fruits and vegetables.
- Processed fruits and vegetables, such as fruit juices can be included provided these contain no added sugar
- Vegetable soups should be included provided it contains low salt (less than 1.5gr/100gr or /100ml)
- Plain milk: The aim of the school fruit scheme should not be to increase consumption of milk or milk products, but rather to promote low fat and unsweetened milk products.
- Cheeses may not be needed if skimmed or semi-skimmed milk and yoghurts are provided. Appropriate levels of calcium should be respected for all age categories.
- Nuts: Can be included, if unsweetened and unsalted
- Whole grains/cereals:If products under the school fruit, vegetable and milk scheme are to be served as a snack (which is the case now), the focus should be on providing more fruits and vegetables and not whole grains and cereals. However, if served as part of a meal (e.g. breakfast or lunch), bread and muesli could be included
- Evidence for the nutritional health benefits of plant-based drinks from oats, almonds or soya is lacking. Therefore these products should be left out of the scheme.

Under the current EU school scheme, added sugar, salt, fat, sweeteners and artificial flavouring is generally not allowed. However, health and nutrition authorities in EU countries may allow, as an exception, limited quantities of added salt, fat and - for milk products - sugar. In your opinion, what approach should the EU school scheme take on added sugar, salt and fat in the distributed products?

- Full prohibition of added sugar, salt and fat
- General prohibition of added sugar, salt and fat with exceptions approved by the national health/nutrition authorities and according to maximum limits defined under EU law
- General prohibition of added sugar, salt and fat with exceptions approved by the national health/nutrition authorities
- Other approach (specify)
- I don't know

Comments:

EHN advocates to increase the consumption of fresh fruits and vegetables and decrease the consumption of processed foods.

What factors do you consider the most important for the choice of products provided under the EU school scheme? Pick the three most important.

between 1 and 3 choices

- Wide variety of products to account for diversity of taste
- Seasonal products

	Organic food products
V	Low environmental and climate impact
	Local and short supply chain
	Minimal packaging, with little or no plastic
	High animal welfare standards
1	Other (specify)

Please specify:

High nutritional quality is the most important factor for EHN but is unfortunately not considered in the list above.

Seasonal products are equally important to EHN.

Currently, children receive fruit, vegetables, milk and milk products under the EU school scheme generally outside regular school meals. In your opinion and experience, which of the following arrangements would work best for the future scheme? Rank from more relevant (top) to less relevant (bottom):

Use drag&drop or the up/down buttons to change the order or accept the initial order.

#	Breakfast at school
#	Contribution to the lunch
#	Healthy morning snack
#	Healthy afternoon snack / 'goûter'
iii	Other (specify)

Please specify (if 'other'):

Fruits and vegetable consumption should be included in a meal, whether breakfast or lunch, and not as a snack. If meals contain the right nutritional value per age group there is no need for in between snacking.

The decision whether to include this food in either breakfast or lunch should be left to local, regional or national authorities (or the school itself).

The EU school scheme includes educational activities on agriculture and healthy eating habits, such as lessons, farm visits, school gardens, tasting and cooking workshops, theme days and games. In your opinion, which educational topics should the EU school scheme cover? Pick the five most important

between 1 and 5 choices

Agriculture and how food is produced

Value and cost of food produced
Healthy, balanced and nutritious diets
Environmental impact of food
Food sustainability
Food labelling (nutrition declaration, ingredient list, sustainability labelling)
Food preparation (tasting, cooking)
Local and short supply chain products
Seasonal products
Organic Organic
Low environmental and climate impact farming
Sustainable trade
Animal welfare
Food waste
Advertising and marketing of foods
Other (specify)
I don't know

Comments:

Food sustainability and environmental impact of food are also important

Currently, up to 15% of the annual EU budget for the EU school scheme can be used for educational measures. Participating countries can use national public or private funds, instead. Please give us your opinion on the future system of financing for educational measures:

	Totally agree	Somewhat agree	Somewhat disagree	Totally disagree	l don' t know
The system should continue as it is	0	0	0	0	•
A minimum percentage of the EU budget should be set aside for educational measures	0	0	0	0	•
The maximum EU budget for educational measures (15%) should be increased	0	0	0	0	•

Comments:

EHN has no opinion on this topic

Currently, the EU school scheme is for schoolchildren from nursery school to secondary school. In your opinion, the beneficiaries of the future scheme should include: (*multiple answers possible*):

- Nursery
- Pre-school
- Primary school
- Secondary school
- Afterschool care, summer camps
- Other (specify)
- I don't know

Comments:

As many children as possible should be able to profit from the school fruit, vegetable and milk scheme. In the ideal situation, ALL children should be able to profit from the scheme.

Currently, the EU school scheme does not specifically target children who, due to their socio-economic status or other factors, may have less healthy and sustainable diets.

In your opinion, should priority be given to areas/schools with more of those children?

- Yes
- [⊚] No
- I don't know

Comments:

ALL children should benefit from the scheme, but IF groups need to be prioritised (which should be avoided) then yes funds should go to children who, due to their socio-economic status or other factors, may have less access to healthy and sustainable diets.

Currently, the budget for the EU school scheme is allocated by country, based on the number of children and the level of development of the regions. In your opinion, what should be the criteria for allocating the budget in the future scheme?

	Totally agree	Somewhat agree	Somewhat disagree	Totally disagree	l don' t know
The criteria for the allocation of the budget should not change	0	0	0	0	•
Performance criteria (e.g. good use of the budget, targets to be achieved) should also be taken into account	0	0	0	0	•
Needs-based criteria (e.g. prevalence of child overweight and obesity, consumption patterns, socio-economic backgrounds) should be also taken into account	•	•	•	©	0

Other criteria / comments:

Every child should have access to the scheme; if this is not possible, socio-economic prioritisation should be considered with priority access to children from lower socio-economic income groups.

What is your view on the governance of the EU school scheme?

	Totally agree	Somewhat agree	Somewhat disagree	Totally disagree	I don' t know
The Member States' public authorities in charge of agriculture, health/nutrition, education, social and environmental issues should play a role in the design and implementation of the scheme	•	•	•	•	0
The Member States should ensure an effective involvement of the economic and social partners, and the relevant bodies representing civil society in the design and implementation of the scheme	•	•	•	0	0

Other / comments:

health stakeholders should be included, but also social and educational stakeholders.

Document upload and final comments

Should any other issues or improvements be addressed in the review of the EU school scheme? If so, please specify:

Feel free to upload a concise document, such as a position paper. The maximum file size is 1MB.

The document is optional and serves as additional background reading to better understand your position.

Only files of the type pdf,txt,doc,docx,odt,rtf are allowed

Contact

AGRI-School-Scheme@ec.europa.eu